

The liturgical color is white for the 1st Sunday after Epiphany



PRELUDE

"Pastorale"
Amy Bender, organist

Charles Wesley

WELCOME

Adrienne Larkin, liturgist

*CALL TO WORSHIP

In the beginning, God finished the work of creation and paused—not from weariness, but from delight. God rested, and called that rest holy.

We come today not only to do, but to be. Not only to labor, but to receive.

The God who formed heaven and earth also commands us to remember rest—to lay down our striving, to trust that the world turns without our constant effort.

Here, in this time and place, we step into God's rhythm. We set aside what weighs us down and receive what gives us life.

Come, worship the God who creates, who sustains, and who invites us to rest.

ALL: Rest is blessed.

*OPENING HYMN

"How Firm a Foundation"

UMH 529

*PASSING OF THE PEACE

OPENING PRAYER

Holy and gracious God, you created the world in love and rested, calling that rest good and holy. Teach us to remember this gift. Quiet our anxious hearts, release our need to strive, and draw us into your sacred rhythm. In this time of worship, help us trust that your grace is enough and that in resting with you, we are made whole. Amen.

SCRIPTURE READING

Genesis 2:2-3 NIV, p. 2

Children invited to stay with families or to go to Sunday School at this time

ANTHEM

"He Leadeth Me" Thomas Grassi
Chancel Choir; Tracy Paroubek, clarinet; Bonnie Budziak, accompanist

SHARING STORIES OF GOD AT WORK THROUGH CELEBRATIONS & CONCERNS

SILENT PRAYER

PASTORAL PRAYER

** Congregation invited to stand if able*

THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for Thine is the kingdom, and the power, and the glory forever. Amen.

MENTOR IN MINISTRY

SHARING OUR TITHES AND OFFERINGS

As the plates are being passed, please also take this opportunity to sign the Welcome Book and pass it on.

OFFERTORY

"Prayer"
Canticle Bells

Arnold B. Sherman

*DOXOLOGY #94

**Praise God, from whom all blessings flow;
Praise God, all creatures here below;
Alleluia! Alleluia! Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!
Alleluia! Alleluia! Alleluia!**

*PRAYER OF DEDICATION

*HYMN OF CENTERING

"Bless the Lord" (Sing four times)

TFWS 2013

SCRIPTURE

Exodus 20:8-11 NIV, p. 54

MESSAGE

"Rest: Rest is Blessed"
Rev. Steve Stultz Costello

*HYMN OF MISSION

"Near to the Heart of God"

UMH 472

Hymn History: The words and music to this hymn were written by Cleland McAfee. Born in Ashley, Missouri in 1866, McAfee graduated from Park College (now Park University) in Parkview, Missouri. The school was founded by his father, John McAfee in 1875. Cleland became a Presbyterian Minister after attending Union Theological Seminary in New York City. McAfee wrote this hymn following the tragic deaths of his two infant nieces from diphtheria. The day of the funeral, McAfee, with broken voice, sang this hymn outside his brother's home, which was quarantined due to the illness. Among the books he wrote was a study of the King James Bible. McAfee died in 1944 in Asheville, North Carolina.

*BENEDICTION

*BENEDICTION SUNG RESPONSE

"Go Now In Peace"

Go now in peace. Never be afraid. God will go with you each hour of every day. Go now in faith, steadfast, strong, and true. Know He will guide you in all you do. Go now in love, and show you believe. Reach out to others so all the world can see. God will be there watching from above. Go now in peace, in faith, and in love. Amen. Amen. Amen.

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POSTLUDE

"Choral Song"

Samuel Wesley

Prayer of dedication written by Pastor Steve with assistance from ChatGPT

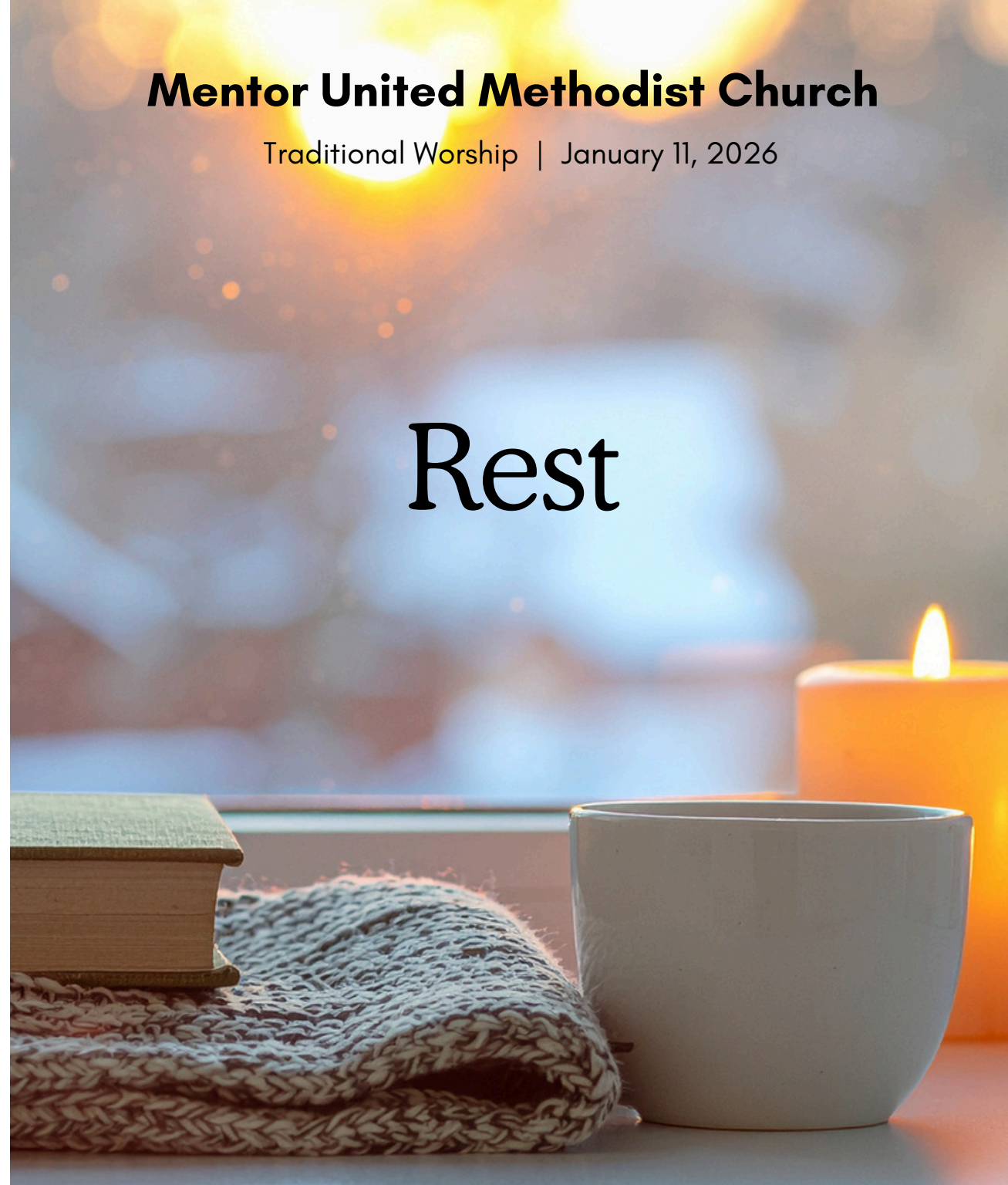
Altar Flowers are presented by Kathy Fellows
In Appreciation of all the volunteers

Flower opening on January 25th.
To order flowers please contact Kathy Fellows at 440.477.4485

Mentor United Methodist Church

Traditional Worship | January 11, 2026


Rest



8600 Mentor Ave., Mentor, OH 44060
440.255.3496 - info@mentorumc.org

Pastor Steve Stultz Costello, Lead Pastor
Pastor Ivy Smith, Associate Pastor
Pastor Tammy Palermo, Pastor of Children & Family Ministry

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Get Updates, and more



WIFI password: GodLovesYou

MENTOR UNITED HIGHLIGHTS METHODIST CHURCH



Scan to Read the Weekly Update

Members who are in need of prayer:

Hilary Pleska, Karen Mancini, Tom Martin, Noralee Starr, Sandy Williams, Dee Smith, Russ Lancaster, Kay McKinney, Terry & Mary Ellen Reynolds, Doug & Kathy Koman, Sandy Mazelis, Heather Lippert, Jack Donahue, Doug Fletcher

Members admitted to Rehab, Assisted Living, or Nursing Home Facility:

The Enclave - Johanna Kessler, Dee Smith, Mary Lou Haines, John Shetler, Joe & Judy Tirpak
Parker Place - Bill Owen, Bob & Sandy Linsell, Deloris Parsons, Mary Ann Haycox
Prosper at Wickliffe - Gloria McFeely
Symphony of Mentor - Lorraine Ahlstrom
Governor's Point - Bob Williams
Salida Woods - June Van Ostrand
Danbury Senior Living - Terry Reynolds



UPCOMING

AT MENTOR UNITED
METHODIST CHURCH

Sunday, January 11

- 9 & 11 AM Worship
- 10 & 12 Fellowship Hour
- Martin Journey Group
- Children's Sunday School
- Youth Sunday School
- Youth Group, 4-6 PM

Monday, January 12

- Parents' Morning Out
- Carr Journey Group (2)
- Food Distribution

Tuesday, January 13

- Ring Journey Group
- Food Distribution
- Blood Drive
- Disciple III
- Trustee Meeting

Wednesday, January 14

- 4B Luncheon
- Finance meeting
- Mission meeting
- Children's Min Meeting

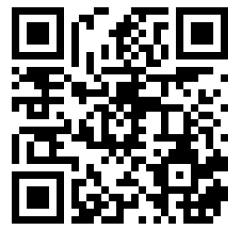
Thursday, January 15

Friday, January 16

Saturday, January 17

- Modern Worship Practice

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You, Me, and Mentor UMC

New friends and visitors are invited to the next You, Me and Mentor UMC Luncheon on Sunday, January 18th in Wesley Room from 12:45 - 2:00 PM. This luncheon is a great way for people to get to know each other, the pastors, and learn about Mentor UMC. This is a free lunch and dietary restrictions will be accommodated. Reach out to the church office or a pastor with questions. RSVP online.

New Beginnings Class

There will be a New Beginnings class on Saturday, January 24th in the Asbury Room from 1:00 - 3:30 PM. This is a great class for those interested in learning more about church membership. Reach out to a pastor with questions.

Young Adult Outing

Young adults are welcome to join us for a Cleveland Monsters hockey game on January 30th! We will meet at the church to leave at 5 PM for the 7 PM game. Cost is \$20-30 per person. And don't forget to bring money for food! We look forward to seeing you there! RSVP online or get in touch with Mackalyn.

Bread, Broth, Brownies, & Bingo Luncheon

Baby, it's chilly outside, so come join us for a hearty chili lunch with a hot cocoa bar and some warm, friendly competition playing table games! Cornbread, salad, and confetti brownies round out the menu. We hope you will join us on Wednesday, January 14th at noon in the MUMC Gallery! This event is hosted by Mentor United Women in Faith. Please RSVP to uwf@mentorumc.org, register online, or find the signup sheet in the Info Hub.

NEW StrengthsFinder Study

All are invited to join the upcoming StrengthsFinder study here at MUMC. The goal of this group is to empower you in your relationships, passions, and spirituality through understanding your strengths. We'll meet on Sundays for five weeks (Jan 18, 25; Feb 1, 8, 15) from 12:30 - 2:00 PM. In order to take the StrengthsFinder assessment, you will need to purchase the book or a code. Please complete the StrengthsFinder assessment no later than Friday, January 16th. Register online or talk to Pastor Tammy at tpalermo@mentorumc.org.

Museum Trip

The EOC is sponsoring a day at the Charles H. Wright Museum of African American History in Detroit, Michigan. You are invited to meet at and ride a charter bus from Mentor UMC to the museum. Together, we will spend the day learning, meeting new friends, and fellowshiping. Lunch will be served on the bus. January 30th is the deadline to register online for this opportunity.

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