



PRELUDE

Evocation on "Be Still My Soul"
Amy Bender, organist

Frederick Steffen

WELCOME

Mike Fournier, liturgist

***CALL TO WORSHIP**

Come, all who are weary from striving and rushing.
Come, all who carry too much and rest too little.

We come longing for rest that is deeper than sleep.

In a world that never stops, God invites us to pause.

In a culture that measures worth by productivity, God offers grace.

We receive God's gift of rest.

There is a time to labor and a time to let go. A time to worry, and a time to trust.

This is a time to rest in God.

Here, we set down what we cannot control. Here, we remember that we are loved, not because of what we do, but because of who we are.

We rest in God's presence.

Come and worship the God who provides, the God who sustains, the God who calls us to Sabbath rest.

Let us worship God.

***OPENING HYMN**

"I Am Thine, O Lord"

UMH 419

***PASSING OF THE PEACE**

OPENING PRAYER

Gracious God, we come tired and full, busy and burdened. In this moment, help us set down what weighs us down and receive your gift of rest. Quiet our anxious thoughts. Remind us that we are loved not for what we do, but for who we are in you. As we worship, restore our souls and teach us the holy rhythm of Sabbath—to trust, to pause, and to rest in your care. Amen.

SCRIPTURE READING

Ecclesiastes 3:1-8, p. 473

Children invited to stay with families or to go to Sunday School at this time

ANTHEM

"Gonna Sit Down and Rest Awhile"
Chancel Choir; Bonnie Budziak, accompanist

Patti Drennan

SHARING STORIES OF GOD AT WORK THROUGH CELEBRATIONS & CONCERNS

SILENT PRAYER

PASTORAL PRAYER

MENTOR IN MINISTRY

SHARING OUR TITHES AND OFFERINGS

As the plates are being passed, please also take this opportunity to sign the Welcome Book and pass it on.

OFFERTORY

"Come to the Water"

Lynda Hasseler

***DOXOLOGY #94**

Praise God, from whom all blessings flow;
Praise God, all creatures here below;
Alleluia! Alleluia! Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!
Alleluia! Alleluia! Alleluia!

***PRAYER OF DEDICATION**

***HYMN OF CENTERING**

"Dear Lord and Father of Mankind"

UMH 358

SCRIPTURE

Matthew 16:24-26, p. 694

MESSAGE

"Rest: Rest for Your Life"
Mackalyn Figgins, Director Youth & Young Adult Ministry

HOLY COMMUNION

UMH 15

THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name, Thy kingdom come,
Thy will be done on earth as it is in heaven. Give us this day our daily bread;
and forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil, for Thine is the
kingdom, and the power, and the glory forever. Amen.

***HYMN OF MISSION**

"This Is a Day of New Beginnings"

Hymn History: The words to this hymn were written by Brian Wren. He was born in Romford, England, in 1936. Wren attended Oxford University, where he was awarded a Doctorate of Theology. After serving as a Congregationalist Pastor in England, Wren also served on many church charitable boards in Britain. He came to the U.S. in 2000 to become the Conant Professor of Theology at Columbia Theological Seminary in Decatur, Georgia. He retired in 2007. Wren wrote the words to over 250 hymns. The music to his hymn was written by the Rev. Carlton Young (1926-2023). He was known as "Mr. Music of United Methodism". If you look at the back of our hymnal, you will see his many contributions to our music and worship.

*BENEDICTION

*BENEDICTION SUNG RESPONSE "Go Now In Peace"

Go now in peace. Never be afraid. God will go with you each hour of every day.
Go now in faith, steadfast, strong, and true. Know He will guide you in all you do.
Go now in love, and show you believe. Reach out to others so all the world can see.
God will be there watching from above. Go now in peace, in faith, and in love.
Amen. Amen. Amen.

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POSTLUDE

Fugue and Harmonization on ST. ANNE J. S. Bach/Hal Hopson

Prayer of dedication written by Pastor Steve with assistance from ChatGPT

Altar Flowers are presented by Dale & Deb Lewis and family
In Loving Memory of Tyrel Lewis, son, grandson, brother, and uncle,
Jean Lewis, mother and grandmother,
Betty Klein, mother and grandmother

Flower openings on January 18th & 25th.
To order flowers please contact Kathy Fellows at 440.477.4485



8600 Mentor Ave., Mentor, OH 44060
440.255.3496 - info@mentorumc.org

Pastor Steve Stultz Costello, Lead Pastor
Pastor Ivy Smith, Associate Pastor
Pastor Tammy Palermo, Pastor of Children & Family Ministry

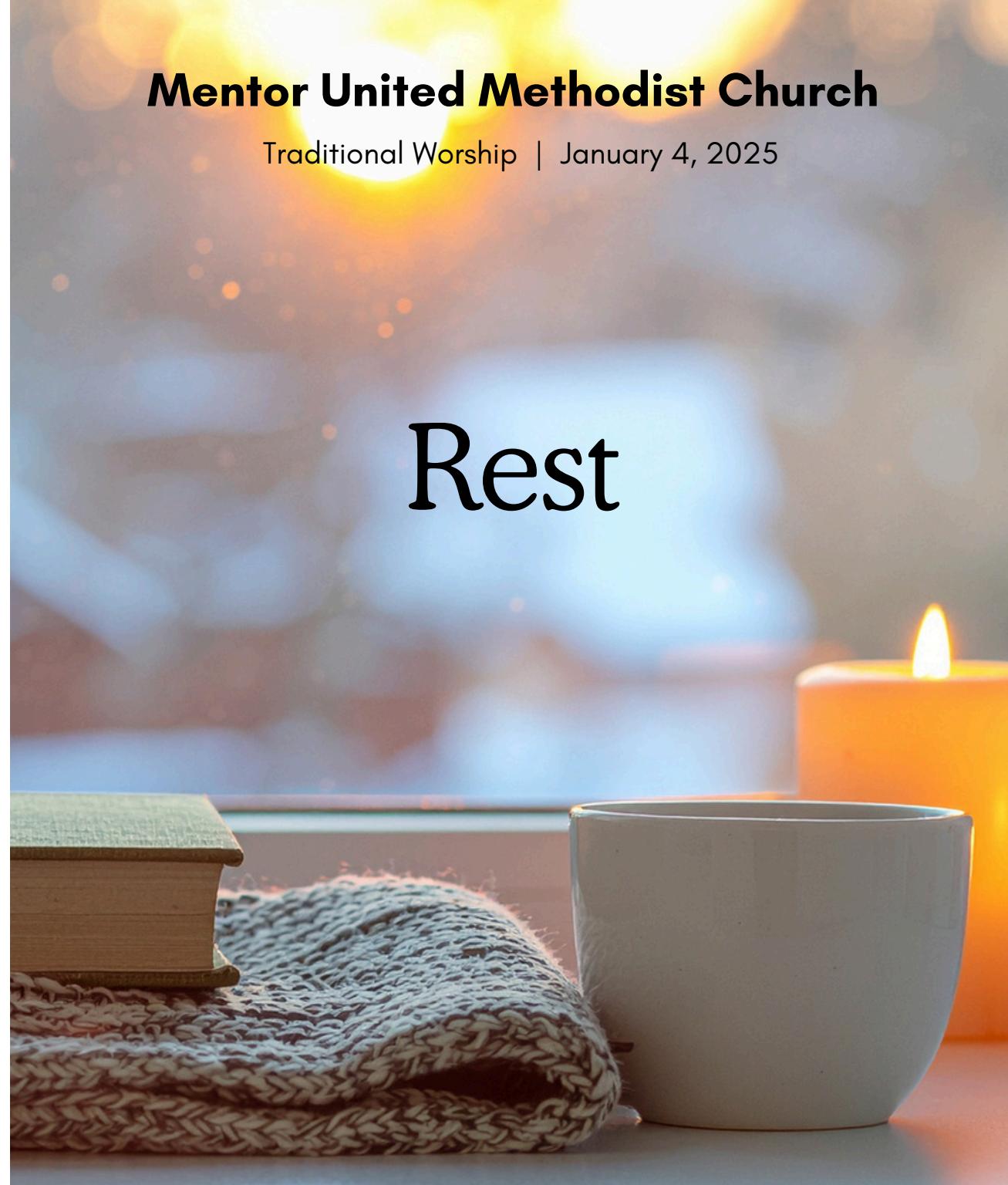
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Get Updates, and more
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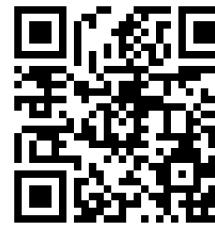
Mentor United Methodist Church

Traditional Worship | January 4, 2025

Rest



MENTOR UNITED HIGHLIGHTS METHODIST CHURCH



Scan to Read the
Weekly Update

Members who are in need of prayer:

Hilary Pleska, Karen Mancini, Tom Martin, Noralee Starr, Sandy Williams, Dee Smith, Russ Lancaster, Kay McKinney, Terry & Mary Ellen Reynolds, Doug & Kathy Koman, Sandy Mazelis, Heather Lippert, Linda Beidle, Bill Mueller, Jack Donahue, Doug Fletcher

Members admitted to Rehab, Assisted Living, or Nursing Home Facility:

The Enclave - Johanna Kessler, Dee Smith, Mary Lou Haines, John Shetler, Joe & Judy Tirpak
Parker Place - Bill Owen, Bob & Sandy Linsell, Deloris Parsons, Mary Ann Haycox
Prosper at Wickliffe - Gloria McFeely
Symphony of Mentor - Lorraine Ahlstrom
Fairmont - Gretchen Tice
Governor's Point - Bob Williams
Mentor Ridge - June Van Ostrand
Danbury Senior Living - Terry Reynolds

UPCOMING

AT MENTOR UNITED
METHODIST CHURCH

Sunday, January 4

- 9 & 11 AM Worship
- 10 & 12 Fellowship Hour
- Martin Journey Group
- Children's Sunday School
- Youth Sunday School

Monday, January 5

- Parents' Morning Out
- Carr Journey Group (2)

Tuesday, January 6

- Ring Journey Group
- Disciple III

Wednesday, January 7

- Traditional Worship meeting
- SPRC meeting

Thursday, January 8

- Open Table Dinner

Friday, January 9

- MOMCo

Saturday, January 10

- Modern Worship Practice

MENTOR

UNITED HIGHLIGHTS METHODIST CHURCH

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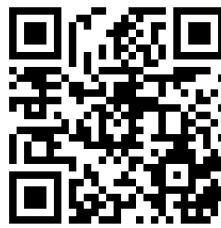
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Scan to Read the
Weekly Update

You, Me, and Mentor UMC

New friends and visitors are invited to the next You, Me and Mentor UMC Luncheon on Sunday, January 18th in Wesley Room from 12:45 - 2:00 PM. This luncheon is a great way for people to get to know each other, the pastors, and learn about Mentor UMC. This is a free lunch and dietary restrictions will be accommodated. Reach out to the church office or a pastor with questions. RSVP online.

New Beginnings Class

There will be a New Beginnings class on Saturday, January 24th in the Asbury Room from 1:00 - 3:30 PM. This is a great class for those interested in learning more about church membership. Reach out to a pastor with questions.

Young Adult Outing

Young adults are welcome to join us for a Cleveland Monsters hockey game on January 30th! We will meet at the church to leave at 5 PM for the 7 PM game. Cost is \$20-30 per person. And don't forget to bring money for food! We look forward to seeing you there! RSVP online or get in touch with Mackalyn.

Bread, Broth, Brownies, & Bingo Luncheon

Baby, it's chilly outside, so come join us for a hearty chili lunch with a hot cocoa bar and some warm, friendly competition playing table games! Cornbread, salad, and confetti brownies round out the menu. We hope you will join us on Wednesday, January 14th at noon in the MUMC Gallery! This event is hosted by Mentor United Women in Faith. Please RSVP to uwf@mentorumc.org, register online, or find the signup sheet in the Info Hub.

NEW StrengthsFinder Study

All are invited to join the upcoming StrengthsFinder study here at MUMC. The goal of this group is to empower you in your relationships, passions, and spirituality through understanding your strengths. We'll meet on Sundays for five weeks (Jan 18, 25; Feb 1, 8, 15) from 12:30 - 2:00 PM. In order to take the StrengthsFinder assessment, you will need to purchase the book or a code. Please complete the StrengthsFinder assessment no later than Friday, January 16th. Register online or talk to Pastor Tammy at tpalermo@mentorumc.org.

Open Table

Join us on the second Thursday of the month (that's THIS THURSDAY) for "Open Table," a themed evening of free food & fun at Mentor UMC. RSVP online, in the Info Hub, or just show up.

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