

MENTOR

UNITED

WEEKLY UPDATE

METHODIST

CHURCH

JANUARY 4, 2025

8600 MENTOR AVE

MENTOR OH 44060

MENTORUMC.ORG

440.255.3496

Worship with us in-person or online:
Mentorumc.org, Facebook, and Youtube

Worship Schedule

9 AM Modern

11 AM Traditional



Pastor's Letter

Dear friends,

Happy New Year! It's an honor and a privilege to write the first Pastor Letter and preach the first sermon of this calendar year!

Have any of you made New Year's resolutions for this year yet? That wasn't in mind when I thought of this sermon series, but I think it's something to think about. What if we set a goal to slow down, instead of working more hours, taking on another project, or losing weight? Look outside. It's winter, and chances are good that it's cold. But what else do you notice? One thing I see is that nature is slowing down. Often, we forget that we are also critters and part of nature, and we are also designed to slow down.

There is a Danish practice called *hygge* (hue-gah). *Hygge* is the practice of coziness, comfort, contentment, enjoying the company of others, and prioritizing your well-being. At Youth Group, we have talked about *hygge* and practiced it by learning how to knit. When we do this, we talk about how the Bible teaches us to rest and be cozy. We came up with many ways to live into this, knowing that Jesus calls us to rest and how we *need* it to survive.

I challenge you to take the time to rest, with a group or in your own time, practicing *hygge* or doing other things that fill you up. And if you need help, join us for our Craft Afternoon this Sunday, January 4th, at 2 PM in the Youth Room. Bring your latest craft project or a skill you would like to learn, and come join us to rest!

I look forward to seeing you and learning together!

PACE

Positive Attitude Changes Everything,

Mackalyn

Care CONGREGATIONAL

In our prayers today & in your personal prayer time, please remember the following:

Admitted to Rehab,

Assisted Living or Nursing Home Facility:

The Enclave - Johanna Kessler, Dee Smith,
Mary Lou Haines, John Shetler, Joe & Judy Tirpak
Parker Place - Bill Owen, Bob & Sandy Linsell,
Deloris Parsons, Mary Ann Haycox
Prosper at Wickliffe - Gloria McFeely
Symphony of Mentor - Lorraine Ahlstrom
Fairmont - Gretchen Tice
Governor's Point - Bob Williams
Mentor Ridge - June Van Ostrand
Danbury Senior Living - Terry Reynolds

In need of prayer:

Hilary Pleska, Karen Mancini, Tom Martin, Noralee Starr, Sandy Williams, Dee Smith, Russ Lancaster, Kay McKinney, Terry & Mary Ellen Reynolds, Doug & Kathy Koman, Sandy Mazelis, Heather Lippert, Linda Beidle, Bill Mueller, Jack Donahue, Doug Fletcher

SERMON SERIES

Rest

JANUARY 4 . . . MATTHEW 16:24-26

JANUARY 11 . . . EXODUS 20:11 & GENESIS 2:2-3

JANUARY 18 . . . MATTHEW 11:28-30

WORSHIP IN-PERSON OR ONLINE AT 9 AM MODERN OR 11 AM TRADITIONAL

Learn more about Sunday's scriptures & worship by visiting this link.

Bread, Broth, Brownies, & Bingo Luncheon

Baby, it's chilly outside, so come join us for a hearty chili lunch with a hot cocoa bar and some warm, friendly competition playing table games! Cornbread, salad, and confetti brownies round out the menu. We hope you will join us on Wednesday, January 14th at noon in the MUMC Gallery! This event is hosted by Mentor United Women in Faith. Please RSVP to uwf@mentorumc.org, [register online](#), or find the signup sheet in the Info Hub.

Open Table

Join us on the second Thursday of the month for "Open Table," a themed evening of free food & fun at Mentor UMC. [RSVP online](#), in the Info Hub, or just show up.

Leadership podcast

Join Pastor Steve in watching/listening to Jack Shitama's "The Non-anxious Leader" podcast. Share your thoughts on Slack with other viewers and Pastor Steve. Join Slack [online here](#).

Need to Know

NEW StrengthsFinder Study

All are invited to join the upcoming StrengthsFinder study here at MUMC. The goal of this group is to empower you in your relationships, passions, and spirituality through understanding your strengths. We'll meet on Sundays for five weeks (Jan 18, 25; Feb 1, 8, 15) from 12:30 - 2:00 PM. In order to take the StrengthsFinder assessment, you will need to purchase the book or a code. Please complete the StrengthsFinder assessment no later than Friday, January 16th. [Register online](#) or talk to Pastor Tammy at tpalermo@mentorumc.org.

Young Adult Outing

Young adults are welcome to join us for a Cleveland Monsters hockey game on January 30th! We will meet at the church to leave at 5pm, game starts at 7pm. Cost is \$20-30 per person. And don't forget to bring money for food! We look forward to seeing you there! [RSVP online here](#).

You, Me, and Mentor UMC

New friends and visitors are invited to the next You, Me and Mentor UMC Luncheon on Sunday, January 18th in Wesley Room from 12:45 - 2:00 PM. This luncheon is a great way for people to get to know each other, the pastors, and learn about Mentor UMC. This is a free lunch and dietary restrictions will be accommodated. Reach out to the church office or a pastor with any questions. [RSVP online here](#).

New Beginnings Class

There will be a New Beginnings class on Saturday, January 24th in the Asbury Room from 1:00 - 3:30 PM. This is a great class for those interested in learning more about church membership. Reach out to a pastor with questions.

Museum Trip

The EOC is sponsoring a day at the Charles H. Wright Museum of African American History in Detroit, Michigan. You are invited to meet at and ride a charter bus from Mentor UMC to the museum. Together, we will spend the day learning, meeting new friends, and fellowshiping. Lunch will be served on the bus. January 30th is the deadline to [register online](#) for this opportunity.

Snacks for Theatre Students
Sign up online to donate snacks to the students at Memorial Middle School as they rehearse for their upcoming production of *Shrek*. If interested, take one week and provide 80 individually wrapped snacks. This is an area of Pastor Tammy's ministry that focuses on reaching out and forming relationships with the community.

Hope Chest

Hope Chest is in need of men's winter gloves, hats, and jackets. Donations can be dropped off in the Community Center (by Fellowship Hall) at MUMC.

Sunday Morning Signup

MUMC's mission is to lead all onto a path of Christ-centered discipleship. Here is a great place to do just that! Get in touch with Pastor Tammy or click here for the Sunday School leader signup. There are spots for various ages/levels, so check out what section works for you.

"Worship one, serve one!"

What's Your **M.**? ? **Mission Opportunities**

Food Pantry Needs

Mentor UMC's Food Pantry holds regular distributions for families and individuals in need. The Pantry is ALWAYS accepting and in need of non-perishable items. Please drop donations off to the Community Center bin (near the ramp). You may also give online through our website.

More Than a Meal

Volunteer to prepare, cook, serve, or cleanup for the next More Than a Meal (free community meal) on Saturday, December 27th. Doors open at 5 PM and the meal is served at 5:30 PM. Signup online here or get in touch with the church office for help with signing up.

Youth Volunteers

Interested in helping with Youth Ministry and don't know where to start? Provide your info here or get in touch with Mackalyn. There are many opportunities with varying time commitments to choose from.

YSP Early Bird Deadline

Register for the 2026 Youth Service Project trip by January 3rd for a lower cost! Cost will increase after January 3rd, so register today! Forms are available through Mackalyn. Get in touch with her or the main office.

2026 Resolutions

Looking for something to get involved in during this New Year? You can visit our linktree or website anytime for new opportunities. This includes missions, small groups, worship planning, and more!



WHAT ARE THEY UP TO?

Children's Min Meetings

Children's Ministry Team Meetings are the second Wednesday of the month on zoom at 7 PM. Contact Pastor Tammy for the link or for questions.

Sunday Morning Kids

9:00 & 11:00 AM at MUMC for all services.

- ALL ages check in at the Early Childhood Center (or Gallery, if available).
- Grades K-5 begin in worship with their families and then be dismissed to the Education Wing.

Child & Caregiver Class

This class is open to ages 2 ½ to 3 ½ on Wednesdays from 9:15 AM to 10:45 AM. The cost is \$65 per 8-week session (prepaid, non-refundable). The WINTER session is January 14, 21, 28; February 4, 11, 18, 25; March 4. The SPRING: March 25; April 1, 8, 15, 22, 29; May 6, 13. [Fill out the form online here.](#)

MOMCo Meetings

Meetings are the 2nd & 4th Friday of the month from 9:30 AM to 12:00 PM in the Gallery at MUMC. [Register and learn more online here.](#)



Ski Outing

Join us on February 15th at 2 PM (weather permitting) for cross country skiing at Chapin Forest. We will meet at the church at 1:30pm to head over to the park. We will ski and return to the church around 5pm. Cost is \$15 per person. Please sign-up online if you are interested. And let Mackalyn know if you need help with transportation or cost!

Spiritual Parenting

Join us on Tuesdays REMOTE from 8:15 to 9:15 PM, January 13th through February 17th for a study by Dr. Michelle Anthony. *Spiritual Parenting* introduces the simple but revolutionary concept that parents are, by the power of God's Spirit, to obey and depend on God in order to create an environment God can use to beckon their children to God. He wants hearts and souls that are shaped in vibrant faith and love toward God and others. [Register online here](#) or get in touch with Pastor Tammy.

Crafting Afternoon

We will be gathering on January 4th from 2pm-4pm in the youth room for a crafting afternoon! Feel free to bring a current craft or project you're working on or supplies will be provided if you'd like to try a new craft. Drinks and snacks will be provided.

Parents/Guardians are welcome to also attend. We look forward to seeing you! [RSVP online here.](#)

Bowling & Pizza

Join us once again for some bowling and pizza on January 21st from 6:30pm-8pm at Rollhouse in Mentor! Cost will be \$12 per person for shoe rental. Please sign-up below if you are able to attend. Additionally, please let me know if you need help with transportation or cost! [RSVP online here.](#)

Gaming Group

Wednesdays are game nights! Join this Intergenerational group on Wednesdays from 5:30-9:30 PM (or whatever time you can spare) in the Youth Room. Right now, D&D is the game offered. If there is a particular game you are interested in seeing at MUMC, get in touch with Mackalyn.