

MENTOR

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UNITED

WEEKLY UPDATE

METHODIST

CHURCH

May 22nd, 2022

MODERN WORSHIP AT 9 AM & 11 AM

TRADITIONAL WORSHIP AT 9 AM & 11 AM



Worship with us online every Sunday at 9 & 11 AM
Mentorumc.org, [Facebook](#), and [Youtube](#)

Greetings Friends,

This week felt like our transition to the summer season had finally begun. MUM Preschool celebrated their graduation, plans are being made for summer events, and we are experiencing much longer, sunny days! During this season of transition to summer, our May sermon series has been challenging us all to consider the connection between our health, especially our mental health, and our life of faith. We've been reminded of the importance of caring well for ourselves and others. We've also considered some ways that we can extend our love and care to our neighbors and our community.

In worship this weekend, we are going to explore the words of the prophet Isaiah. We will hear these words proclaimed to us, "But now thus says the Lord, he who created you, O Jacob, he who formed you, O Israel: Do not fear, for I have redeemed you; I have called you by name; you are mine." As we wrestle with changes in our lives, the ebb and flow of stress and anxiety that we experience, and navigate our realities, we need to hear again and again that we are God's beloved children. We need to know that no matter what we are loved beyond measure by God who created the heavens and the earth.

I invite you to join with me this weekend and to hear these words again in fresh and new ways. Claim for yourself, either for the first time or again, God's love, care and concern for you. Take the first steps in trusting that no matter what you face or where life takes you, you are God's chosen and beloved one.

This week I found a prayer writer by Eleanor Brown and I think these words are important for us today. "God, grant me the serenity to stop beating myself up for not doing things perfectly, the courage to forgive myself because I'm working on doing better, and the wisdom to know that You already love me just the way I am." May that be our prayer now, this weekend in worship, and always.

Love,

Pastor Mikayla



CONGREGATIONAL CARE

**In our prayers today & in your personal prayer time,
please remember the following:**

Members admitted to Rehab, Assisted Living or Nursing Home Facility:

Aberdeen Crossing - Barbara Bradrich
The Enclave - Kay Disbro, Jeanne Babcock,
Jim and Mary Lou Haines, Delores Tackett, Johanna Kessler
Vista Springs - Audrey Arslanian
Salida Woods - Doris Sturm
Continuing Healthcare of Mentor - Virginia Gilman
Parker Place - Bill Owen, Bob and Sandy Linsell,
Opal Pinasky, Delores Parsons
Danbury Senior Living - Kathryn Bevacqua, Hugh Samson
Maple Ridge Sr. Living - Bob Chamberlin
Brookdale Wickliffe - Fran Rose
Tapestry Senior Living - Gloria McFeely
Symphony of Mentor - Lorraine Ahlstrom
Breckinridge/Fairmount - Patricia Laubscher
Mentor Ridge - Ginny Stein
Euclid Hospice House - Joan Evans

Members who are recovering at home or homebound:

Dale Snyder, Mary Jane Scott, Dee Smith, Jarod Mausolf, Debbie Shorter,
Harry "Bud" Weaver, Karen Mancini, Anna Snively, Sharon Light



Need to Know

You Version

<https://bible.com/events/48893471>

Pastor's Book Club

Join Pastor Mikayla for Book Club on the 26th (that's this week) at 7:00 PM! We're reading *The Body Keeps The Score: Brain, Mind, and Body in the Healing of Trauma* by Bessel van der Kolk. To purchase the book, [click here](#).

Next month's read will be: *Dare To Lead* by Brené Brown, and the meeting will be June 23rd.

For more info visit our [site](#)!

Devotionals

The Upper Room May/June Devotionals are available in the Narthex as well as in the church office. Pick one up today or bring one to a friend! There is a small box in the Narthex by the devotionals where you can donate \$1.

CWC Luncheon

The next Christian Women's Connection of Lake County luncheon is Tuesday, June 21st at Pine Ridge Country Club. Their speaker this month is Bea Clements with the topic, "Renovations: Can You REALLY 'Do It Yourself?'" >

CWC cont.

Please RSVP by Noon on Thursday, June 16th. The cost is \$20 inclusive.

Call (440) 479-4576 or email cwcstonecroft@yahoo.com.

Graduation Sunday

Sunday, June 5th, 2022. If you are a 2022 graduate fill out this [form](#) and remember to submit a photo to Pastor Mikayla: mdoepker@mentorumc.org.

Grads will be recognized during services and there will be a continental breakfast for graduates & their guests between the 9:00 & 11:00 AM services.

Thank You!

Thank you to those who signed up for our Blood Drive this past Tuesday, May 17th. Your donation is appreciated more than you know.

The next Blood Drive at MUMC will be on Tuesday, August 9th!

We Thrive Together

We Thrive Together is a social isolation and loneliness initiative for ages 50 and older in our community. There are free events & activities (like various classes, arts & crafts, dancing, exercise, and more). Visit wethrivetogether.org to learn more!

More?

For more info on events, check the church calendar on our site. [Click here](#).



Congratulations

to our
MUM Preschool
Class of '22!

Their last day
was Thursday,
May 19th!

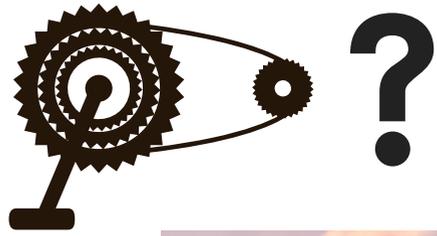
Sermon Series

We are nearing the close of our current sermon series, *Faith and Health Intersect*. Join us on Sunday the 29th for the conclusion: *Fresh Start*.

To catch up on sermons you may have missed, [click here](#).

What's Your

M.



Food Ministry

Our end of school year distribution is in need of these items:

- 12.5 oz Canned Chicken
- 28 oz Baked Beans
- 15 oz Mini Ravioli
- 15.6 z Spagetti & Meatballs
- 15 oz Beef Stew
- 24 oz Manwich

Donations can be dropped off in the Community Center!

More Than A Meal

More Than a Meal is a food ministry of MUMC that gives a sense of connection as well as a meal. Many of those who need food are also in need of seeing a smile and hearing a kind word.

Our next *More Than A Meal* is this Saturday, May 28th. There are still slots available to sign up, so please sign up! [Click here.](#)

You can sign up for next month's *Meal*, which will be June 25th, by visiting our online sign up [here!](#)

Shelter Volunteers Needed

Project Hope for The Homeless in Painesville is in need of volunteers. Flexibility available. Click [here](#) for details.

PCLS Volunteers Needed

Painesville City Local Schools will be doing their *Summer XP* program that they began last year. Meeting Monday through Thursday all summer long, this program takes kids out of the classroom to learn in exciting and engaging environments.

Catalyst Ministry is seeking volunteers to help with this event. You can volunteer at your availability (one time, once a week, all summer, etc.).

To learn more, please visit our site ([here](#)) to view the summer schedule and find out how to volunteer.



Ukraine

You can donate to the aid of Ukraine through our online giving designating it to "UMCOR - Ukraine". [Click here.](#)

Interested in more?

Visit the Missions page on our site for local, national, and international missions! Just [click here.](#)



WHAT ARE THEY UP TO?

Children & Family Ministries

www.mentorumc.org/children

MUMC Sunday Morning Kids

9:00 AM at MUMC

- Ages 0-2 and 3-4 sign in at the Early Childhood Area before service
- Kindergarten through 6th grade begin in worship with their families and are then dismissed to the Education Wing.
- Summer Sign Up is now open. Please note that all leaders are asked to wear a mask as we LOVE GOD & LOVE PEOPLE.

Pre-Registration

Pre-Registration is open for the 2022-2023 school year for MUMC Preschool. If you know of anyone looking for a preschool next fall, please share the mentorumc.org/preschool website.

MOPS & MOMS

Meeting May 27th from 9:30 AM to 12:00 PM at MUMC. Email mops@mentorumc.org for more information.



Summer Programs



Vacation Bible School

Food Truck Party!

June 20-24, 9:00 AM - 12:00 PM
Open to children age 4 through grade 6. Learn more about cost and registration [here](#). Leader sign up is now open; [click here](#).

Get Out Doors (G.O.D.) Camp

Water of Life

June 20-24, 9:30 AM to 4:00 PM
Open to completed 5th & 6th grade. Learn more about cost & registration [here](#).

Middle School Mission Week

July 5-8, 9:00 AM to 4:00 PM
Open to completed grades 6, 7, & 8. [Click here](#) to view the registration form.

Theatre Arts Camp

July 11-15 and 18-22,
9:00 AM to 12:00 PM.

Completed kindergarten through 8th grade can sign up to be a cast member.

Grades 6th through 8th can sign up to be a crew members.

High School students & adults can sign up to be leaders!

Click [here](#) for details and [here](#) for the registration form.

If there is a financial concern that is prohibiting you from registering, please contact Tammy at tpalermo@mentorumc.org

YSP Mission Trip

June 24 through July 2

[More here.](#)

Youth Group

Youth Group (Grades 7-12) meets Sunday evenings from 6:00-8:00 PM

Youth 56 meets on the 2nd and 4th Sunday evenings 6:00-8:00 PM. [Click here](#) to sign up for future meetings & service times.

Learn more [here](#).

No Youth Group May 29th for Memorial Day

June 5, 2022 - End of School Year Party 6-8 PM



Journey Group Ministries

Journey Groups meet regularly and discuss a variety of topics, studies, and materials. Each Journey Group, with the help of a leader, seeks to cultivate community, strengthen one another in faith and life, and encourage all on a path of Christ-centered discipleship.

If you are interested in joining a Journey Group click [here](#). If you would like more information or have questions please email Pastor Mikayla Doepker.